



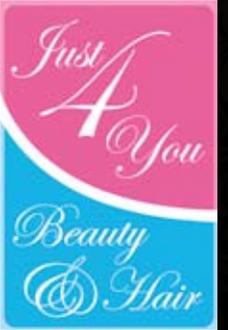
GRAFTON
SPA AND WELLNESS

Grafton Spa and Wellness and Just 4 You

Known in the Northamptonshire area as 'Just 4 You Beauty Studio' this family run business has now expanded into a Day Spa on its 9th year Anniversary. Set in the beautiful country side in Potterspurty, Grafton Spa is situated in the popular Wakefield Country Courtyard, along with 7 other businesses ranging from a farm shop, gift and home shop and a tea room.

Grafton Spa and Wellness offer a wide range of beauty, hair and holistic treatments. In our spa there is a 10 seater hydrotherapy massage pool with over 80 jets, adjustable to suit the requirements of the client. Combined with the hydro pool there will also be an aromatherapy Steam room and an aspen Sauna. Relaxation area with gorgeous views of the Estate country side and separate changing rooms for you to use during your experience. Our new treatment rooms come with colour therapy to complement all of our new body treatments, massages and facials.

Our main focus is to be able to treat our clients with a combination of massage, heat treatments and hydrotherapy. Following a growing demand for the specific massage and body treatments we have decided to open a Spa and Wellness centre that can accommodate all these extra treatments and have a wonderful hydrotherapy massage pool along with sauna and steam room.



Spa Days

Grafton Spa Ritual scrubs, massages and wraps come with the option to choose from; slimming, detoxing, anti-ageing and relaxing.

Grafton Spa Ritual 1/2 Spa Day: £90 per person

Includes:

- Welcome drink on arrival.
- Hire of robe, towel and slippers.
- Use of Hydrotherapy pool, sauna and steam room.
- Back exfoliation.
- Back massage.

Add afternoon tea or lunch for £10.

Total time: 4 hours.



Wedding Parties: £65 per person

Includes:

- Welcome drink on arrival.
- Hire of robe, towel and slippers.
- 4 hours use of Hydrotherapy pool, sauna and steam room.
- Glass of Prosecco or wine.
- Small meat/fish/vegetarian platter for 1.

Pizza and Prosecco Evening: £50 per person

Includes:

- Welcome drink on arrival.
- Hire of robe, towel and slippers.
- 3 hours use of Hydrotherapy pool, sauna and steam room.
- 1 Pizza with a topping of your choice.
- Bottle of Prosecco.

Please note: only held on the last Friday of every month between 5-8pm or 6-9pm

The spa is available for private hire subject to availability. Please note a minimum of 8 and a maximum of 15 people will be required to make a booking.

To add any other treatments onto your spa party packages, please see 'Upgrading your spa day' for details.

Grafton Spa Ritual Full Spa Day: £120 per person

Includes:

- Welcome drink on arrival.
- Hire of robe, towel and slippers.
- Use of Hydrotherapy pool, sauna and steam room.
- Full body exfoliation.
- Full body massage.
- Full body wrap.

Add afternoon tea or lunch for £10.

Total time: 7 hours.



Use of the facilities:

1/2 day in the spa: £30 per person

Includes:

-Hire of robe, towel and slippers.

-Use of Hydrotherapy pool, sauna and steam room.

Add afternoon tea or lunch for £10.

Total time: 4 hours.

Full day in the spa: £50 per person

Includes:

-Hire of robe, towel and slippers.

-Use of Hydrotherapy pool, sauna and steam room.

Add afternoon tea or lunch for £10.

Total time: 7 hours.

Upgrading your Spa Rituals, Spa Parties and Spa Days:

Add any beauty, hair or holistic treatments from this brochure to your spa rituals, spa party packages or 1/2 and full day in the spa and receive 10% off the treatment price.



Facial treatments:

Hydra SK4:

The latest technology using award winning Matis skincare.

A personalised program incorporating sonic peel exfoliation, galvanic to deep cleanse and hydrate, micro current to lift, tone and firm and Ultra sound to soothe. This facial is perfect for all skin types to give a natural 'face lift' as a preventative or intensive repair treatment course.

Hydra SK4

1 hour 15 minutes **£59**

Course of 6 **£295**

Hydra SK4 Luxury

1 hour 30 minutes **£68**

Course of 6 **£340**

Derma SK4 - Microdermabrasion:

This treatment involves using a highly controlled flow of fine, medical grade crystals to remove the dead, outermost layer of the skin. This treatment smooths away lines and wrinkles, reduces pigmentation, unclogs and reduces open pores and improves overall condition of the skin.

Derma SK4

1 hour **£62**

Course of 6 **£310**

Ultimate Hydra Derma SK4:

Combining Hydra SK4 with Derma SK4 to achieve amazing results.

1 hour 30 minutes **£83**

Course of 6 **£415**

Activ' Kaviar:

an innovative luxury anti-ageing treatment to nourish, regenerate and refine.

1 hour 15 minutes **£75**

Intensive:

Peel:

A soft and superficial chemical peel to reveal a new radiance, luminosity and refined skin.

1 hour **£65**

Lift:

A thermal boosting treatment for mature skin to lift, tone and regenerate leaving the complexion glowing.

1 hour 15 minutes **£70**

Soin Age Intensive:

Densifiance, a densifying treatment to brighten and firm the skin.

Expert	1 hour	£62
Densifiance Lift	1 hour 15 minutes	£70
Densifiance Derma	1 hour 15 minutes	£70
Densifiance Derma Lift	1 hour 30 minutes	£80

Hydra Expert:

A treatment designed for thirsty skins. This treatment will detoxify, uniform and hydrate, leaving the skin looking radiant.

1 hour **£60**

Expert Facials:

Nutri:

Dedicated for skins looking for well-being and nutrition.

This treatment will leave your skin feeling soft, glowing and visually more beautiful.

1 hour **£60**

Calm:

A special treatment for even the most sensitive skins, to soften, regenerate and protect, leaving the skin soothed and relaxed.

1 hour **£60**

Pure:

A treatment designed to balance, correct and regulate the skin, leaving the complexion brightened and radiant.

1 hour **£60**

Enhancer:

A truly remarkable dual action facial, exclusively from the marine origin and highly concentrated in mineral rich actives. This treatment will clarify, tone and revitalise the skin, smooth out features and freshen dull looking complexion.

1 hour **£55**

*Courses of all of our facials are available, please ask for details.

Mens Facial and Back Massage:

A wonderfully relaxing back massage followed by a facial treatment packed full of stimulating anti ageing trace elements to restore a youthful complexion.

1 hour **£55**

Make up by Mii:

**Special occasion/
evening make up** **from £30**

Make up lesson

£10 redeemable against products **£40**



Massage Treatments:

Swedish Massage:

Full body massage 1hour £45

Back, neck and shoulder massage 30 minutes £30

Sports Massage:

Sports massage is a form of bodywork that uses deep tissue and Swedish massage techniques. It eases stiffness and pain in muscles, increases mobility in muscles and joints, help remove toxins and lactic acid after a workout.

Full body massage 1hour 15 minutes £50

Back, neck and shoulders 45 minutes £35

Specific area of injury (legs/arms) 45 minutes £35

*Courses of treatments available, please ask for details.

Aromatherapy massage:

Aromatherapy is an ancient art, which involves the use of natural plant oils for healing, cleansing and relaxation.

The art of aromatherapy is used to restore the harmony of the body and mind. For every individual a special blend of essential oils are mixed for every specific problem.

Full body massage 1 hour £50

Back, neck and shoulder massage 30 minutes £35

Hot Stone Massage:

Hot stone massage is a mixture of the Swedish massage and thermal therapy with 'hot stones'.

Full body massage 1 hour £50

Back, neck and shoulder massage 45 minutes £35

Indian head massage:

Everyone needs to relax and escape. Indian head massage balances the body, relieves pressure and soothes away tension, so we can breathe, stand and move freely. A complete treatment involves the back, shoulders, neck, arms, head and face.

1 hour £50



Ytsara Thai Style Treatments:

A totally relaxing treatment using a combination of traditional remedies with modern techniques of Thai and Indian massage. This treatment uses deep massage with heated compresses full of luxurious natural ingredients and essential oils. Feel the relief as heated herbal compresses iron out the tension in your muscles and joints making you feel good as new.

Complete Thai Indulgence 1 hour 30 mins £75

Thai Style Body Treatment 1 hour £60

Thai Style Back Treatment 30 minutes £40

Thai Style Facial 30 minutes £40

Alternative Therapies:

Energy healing therapies to bring balance and harmony.

Reiki:

A Japanese healing treatment that will help still the mind, calm the emotions, heal the body and awaken the spirit. Bringing inner peace and relaxation. Reiki will renew your energy whilst you unwind.

30 minutes **£25**

1 hour **£35**

Reiki and Crystal Healing Therapy:

Reiki is combined with crystal therapy. Crystal Chakra balancing is a fusion of an ancient art and modern energy technique to balance the body's Chakra system. This treatment is for those who would like to sample the subtle energies of crystals using natural crystals placed on the Chakra points of the body. This treatment is grounding and calming and helps to bring the body's subtle energies back into balance. Helping reduce stress and clearing emotional blockages in the body.

30 mins **£30**

1 hour **£45**

"Health and happiness goes where the energy flows"

Sarah Hook - Certified nutrition health and lifestyle coach, Reiki Master, Soul Realignment, Mind, Body and Soul Therapies.

Hand Treatments:

Jessica GELeration:

The beauty of Jessica in a 'soak off gel polish'. With the health of natural nails in mind, GELeration's gel formula delivers a long lasting, flawless finish that's dry in seconds and protects the natural nail. Available in all popular colours.

GELeration Manicure:

1 hour **£40**

*please note £5 will be added if we soak off another brand of Gel prior to your treatment.

Soak off:

30 minutes **£10**

Soak of for another brand of Gel, includes file, treatment polish and treatment oil.

GELeration File and Polish:

30-45 minutes **£30**

*please note £5 will be added if we soak off another brand of Gel prior to your treatment.

Parafin Wax Manicure:

Ideal for arthritis and dry skin conditions.

1 hour 15 minutes **£35**

Jessica manicure:

Regular manicure
1 hour **£28**

Deluxe manicure
1 hour 15 minutes **£35**

File and Polish:

Regular polish
30 minutes **£20**

Le Remedi:

A specialised hand treatment for dry and ageing skin. This treatment includes a gentle exfoliation, a 'restructure' mask to soothe the skin and luxurious enriched serum for the hand massage leaving the hands feeling wonderfully soft and smooth.

1 hour **£30**

Little Miss Manicure:

Under 14's hand and nail treatment. includes polish and nail art.

30 minutes **£20**



Feet Treatments:

Jessica GELeration:

The beauty of Jessica in a 'soak off gel polish'.

With the health of natural nails in mind,

GELeration's gel formula delivers a long lasting,

Flawless finish that's dry in seconds and protects the natural nail. Available in all popular colours.

GELeration Pedicure:

1 hour £45

*please note £5 will be added if we soak off another brand of Gel prior to your treatment.

Soak Off:

30 minutes £10

Soak of for another brand of Gel, includes file, treatment polish and treatment oil.

GELeration File and Polish:

30-45 minutes £30

*please note £5 will be added if we soak off another brand of Gel prior to your treatment.

Parafin Wax Pedicure:

Ideal for arthritis and dry skin conditions.

1 hour 15 minutes £35

Jessica Pedicure:

**Regular pedicure
1 hour £30**

File and polish:

**Regular polish
30 minutes £20**

Podiatry:

Also known as chiropody, Podiatry diagnoses diseases and disorders of the feet. They also prevent and correct deformity, keep people mobile, active, relieve pain and treat infections. They can treat or advise anything from athletes foot, corns, fungal infections and ingrown toenails.

45 mins - 1 hour £36



Hair Removal:

Waxing:

Waxing using the PHD waxing system; the most hygenic way of waxing with the choice of tea tree or honey wax.

Full leg and Bikini £40

Full leg £33

Half leg and Bikini £35

Half leg £25

Bikini £11

Underarms £15

Forearms £15

Lip or Chin £10

Lip and Chin £14

Eyebrows £12

Electrolysis:

Electrolysis is a proven method of permanent hair removal. It involves using a mild current to cauterise the hair from the root.

10 minutes £18

15 minutes £21

30 minutes £30

Advanced IPL Hair Removal

Permanent Hair removal using the latest advanced IPL (intense pulse light) . Free consultation and free patch test on the area. Affordable prices. Price given on consultation.

Used for:

Hair removal.

Skin rejuvenation.

Thread Veins.

Pigmentation.

*courses of treatments available, please ask for details.

Eye Treatments:

Tinting:

Eyebrow Tint £10

Eyelash Tint £14

Eyebrow and Eyelash Tint £20

*please note a patch test will be required 24hours before your treatment.

High Definition Brows by Mii:

Brows by Mii is a treatment in which we would wax, tweeze and tint your brows to enhance your natural brow shape.

30 - 45 minutes £30

*please note a patch test will be required 24hours before your treatment.



Crystal Eye Treatment:

This award-winning eye treatment is formulated to firm, smooth and relax the vulnerable eye area. You will see a visible difference in how your eyes look and feel; it will put the sparkle back into your eyes.

45 minutes £40

Eyelash Extensions:

Full Set

1 hour 30 min - 2 hours £55-65

Infill

1 hour £40-50

*please note a patch test will be required 24 hours before your treatment

Body Treatments:

Kissed by Mii Spray Tan:

Kissed by Mii is a spray tan which uses marine extracts in its products. Choose from; light, medium, dark and darkest brown. We also offer a 1 hour development tan perfect for those last minute occasions.

Full body

30 minutes £25

Just legs

15 minutes £15

Exfoliation and spray tan

1 hour £55

Exfoliation:

Using body scrubs from our Matispa range. Choose from 3 different textures.

Full body exfoliation 30-45 minutes £35

Back exfoliation 15 minutes £15

Body Wraps:

Using body wraps from our Matispa range. Choose from; slimming, detoxing, anti ageing and relaxing.

Full body wrap
45 minutes £40



Hair Treatments:

Our stylists are Matrix and Wella trained. *please note a patch test will be required 24 hours before your treatment.

Wash, Cut and Blow Dry £38

Blow Dry £18

Wet Cut £22

Dry Cut £20

Full Head Highlights with Cut and Blow Dry £90

Full Head Highlights with NO CUT just Blow Dry £75

Half Head Highlights with Cut and Blow Dry £80

Half Head Highlights with NO CUT just Blow Dry £65

Full Head Colour with Cut and Blow Dry £65

Full Head Colour, Full Head Highlights with Cut and Blow Dry £95-£110

Full Head Colour, Half Head Highlights with Cut and Blow Dry £85

Semi-permanent Full Head Colour with Cut and Blow Dry £60

Semi-permanent Full Head Colour with NO CUT just BlowDry £50

Perm with Cut and Blow Dry £60

Perm with NO CUT just Blow Dry £50

Mens Wash Cut and Blow Dry £15

Child Cut £10

Teen Cut and Blow Dry £18

Special Occasion:

Hair up From £30

Bridal Hair Packages:

Bride £60

Bridesmaids From £30

Mother of the Bride £25

Trial £30

*Bridal packages available, please ask for details.

Contact Us:

01237 810 058 - Just 4 You.
www.just4youbeauty.co.uk

01327 810206 - Grafton Spa.
www.graftonspa.co.uk

Wakefield Country Courtyard.
Wakefield Lodge Estate.
Potterspury
Northamptonshire.
NN12 7QX

Opening times:

Monday CLOSED

Tuesday 10am - 5pm

Wednesday 10am - 8pm

Thursday 10am - 8pm

Friday 10am - 5pm

Saturday 10 am - 5pm

Sunday 11am - 4pm

